

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Lara Nel

Has successfully participated & completed the

5km Navworld Nite Series 2016/2017 - Race 2

held at Zwartkops Country Club.

**TIME** 00:45:22

**PACE** 09:03/km

**OVERALL** 103 of 149

**GENDER** 55 of 90

**40 - 49** 14 of 19

12 October 2016, Wed

Date

